

SHRI SURYA NARAYAN MANDIR INC.
KIRTAN/CHANTING
Sunday at 9 AM

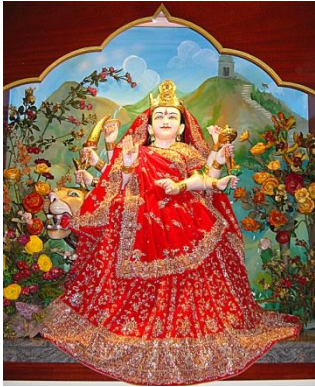
Lord Ganesha



**Om pranamy shirisa devam, gouri putram vinayakam, bhakta
vaasam smaray nityam, aayu kaam aartha siddha yae**

After bowing to the lord Vinayak, the son of Gouri, the God who dwells in the hearts of his devotees, one should constantly remember him in order to achieve long life wealth and fulfillment of wishes.

Durga Maa/Parvattie



**Om sarva mangal mangal yea shivay sarvat saadikay sharanyea
triambikay gouri narayani namostute**

Prostrations unto thee O Mother, you are the divine consort of Lord Shiva and the fulfiller of all noble desires, O bestower of auspiciousness, the protector of all devotees, my humble salutations to you.

**Om Jayanti Mangala Kaali Bhadra Kali Kapalini
Durga Kshama Shivaa Dhaatri Svaha Svadha namo-stu-te**

She Who Conquers Over All, All-Auspicious, the remover of Darkness, the Excellent One Beyond Time, the bearer of the Skulls of Impure thought the reliever of difficulties, loving, forgiveness, supporter of the Universe, take the oblations of the devotee who is one with you, take the oblations of ancestral praise. We bow to you.

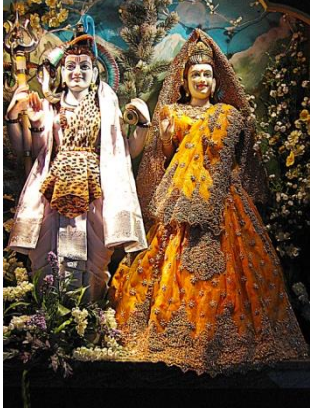
Maa Saraswattie



**Om shuklaam brahma vichar saara paramaa-maadyaam jagad
vyaapinee, veena pustaka dharineem abhyadaam jadhyaandhakaar-
aapahaam, hastay spatika maalikaam cha dadhateem padmaasanay
samsthitaam, vandy twaam parameshwareem bhagawateem,
budhim pradaam shaaradaam**

O Great Goddess Saraswati, thou art the dispeller of ignorance, O Divine Mother of Learning, thy complexion is like the jasmine blossoms, thy hands are adorned with the celestial veena, the emblem of musical knowledge, O Blessed Goddess, who is seated in the fully blown white lotus, please protect me.

Lord Shiva



**Karpoora-gauram karuna-avataram
Samsara-saaram Bhujagendra-haaram
Sadaa-vasantam Hridaya-aravinde
Bhavam Bhavane-sahitam Namami**

I salute to that Ishwara along with Bhavani (Shiva and parvati) who is as white as Karpur(camphor), an incarnation of compassion, the essence of this world, who wears a bhujagendra(snake or serpent) around his neck and is ever present in the lotus abode of our hearts.

**Om tryam bakam yaja mahay sugandhim pusti vardanam urva
rukam eva bandana mrityur mukshiya maa amritaat**

We worship the Three-eyed Lord Shiva, who is naturally fragrant, all merciful and the protector of all devotees, may we be liberated from the bondage of birth and death, just as the ripe cucumber separates itself from the binding stalk, By your grace, let me be in the state of salvation (moksha).

Lakshmi Maa



**OM Siddhi buddhi prade devi
Bhukti mukti prayayini
Mantra moorte sada devi
Maha Lakshmi Namostute**

You are the giver of the powers and the wisdom
You bestow both devotion and liberation
You are the form of the mantra,
O Maha Lakshmi, I salute You

**Lakshmi karo tu kalaynam, arogyam sukha sam pada
mama shatru vinashaya, deepak jyotir namostute**

Lord Vishnu



**Om shanta karam bhujaga shayanam padma nabhyam suresham
vishwa dharam gagan sadrisham megha varnam shubhaan gam
lakshmi kaantam kamala naiyanam yogi bhir dhyan gam yam
vanday Vishnu bhava bhaya haram sarva loakai ka natham**

Salutations to Vishnu Bhagwan, the one with peaceful disposition, who is reclining over the soft coil-bed of the serpent god, with lotus growing out of his navel, the leader of the gods, supporter of the universe, all pervasive lord, whose auspicious body is the color of the cloud, the beloved spouse of Lakshmi maa, whose eyes are like the fully blown lotus flower, the lord who is visible to the yogis in their meditation, the remover of the fear of rebirths, to that unique Lord of all the worlds, we offer our humble prostrations.

Hanumanji



**Om manojavam maruta tulya vegam jitendriyam budhi watam
varishtam vatat majam vanara yukya mukhyam sri raam dutam
sirisaa namami**

I take refuge in Hanuman who is as fast as the wind, equals his father Maruta in speed, is the master of the senses, the foremost amongst the learned, the leader of the Vanara forces and the great messenger of Shri Raam.

Lord Rama

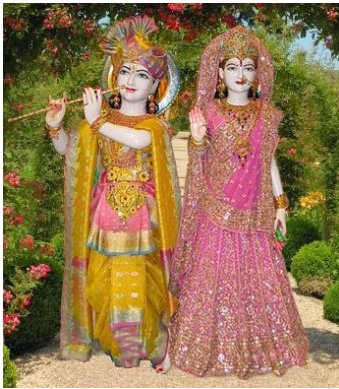


**Om raamaaya raamabhadraya, raamachandraya
vedhasay, raghunaathaya naathaya, sitaaya pataye
namah**

Salutations to Bhagwan Shri Raam, the protector of all, one who is the knower of all things, the descendant of the Raghu dynasty, the beloved spouse of Sita Maa and the Lord of the entire universe.

**Sri Rama Rama Rameti
Rame Raame Manorame
Sahasra Nama Tat Tulyam
Rama Nama Varanane**

Lord Krishna



**Om Krishna ya vaasudevaya devaki nandanaya cha
nanda gopa kumar aya govindaya namo nama**

I prostrate again and again unto the all pervading Lord Shri Krishna, the joy of Devaki, the beloved son of Nanda, the protector of cows.

Surya Bhagawan



Surya Narayan Ashtakam

Aadideva namastubhyam prasidha mama bhaskara
Devakara namastubhyam prabhakara namostute

Sapthashava-rathamarudam prachandam kashya-patmajam
Swetha-padhmadharam devam tam suryam pranmamyaham

Lohitam rathamarudam sarva-loka-pitamaham
Maha papa haram devam tam suryam prana mamyaham

Guru Mantra



**Om dhyaana mulam gurur murtih, puja mulam guruh
padam, mantra mulam gurur vaakhyam, moksha mulam
guruh kripaa.**

The basis of meditation is Guru's Murti, the support of worship is Guru's lotus feet, the origin of mantra is Guru's word, and the cause of liberation is Guru's mercy.



Dhoons

Gayatri Mantra

OM bhur bhuva swah tat savitur varenyam
bhargo devasya dhimahi dhiyo yona pracho dayaat

Hare Rama

Hare Rama Hare Rama,
Rama Rama Hare Hare

Hare Krishna Hare Krishna,
Krishna Krishna Hare Hare

Hey Ram Hey Ram

Hey Ram, Hey Ram,
Jag Mein Sachu Tera Naam,
Tu Hi Mata, Tu Hi Pita Hai,
Tu Hi To Hai Radha Ka Shyam,
Tu Antaryami, Sab Ka Swami,
Tere Charno Mein Charo Dham,
Tu Hi Bigade, Tu Hi Saware,
Is Jaag Ke Sare Kaam,
Tu Hi Jagra Data Vishv Vidhata,
Tu Hi Subah, Tu Hi Shaam

Sita Ram

Sita Ram Sita Ram Sita Sita Ram
Dashrat Nandan Jai Sita Ram

Bala Mukunda

Bala Mukunda Jai Nandalala Krishna Kandhaiya Jai Gopala
Jai Gopala Jai Gopala Krishna Kandhaiya Jai Gopala

Namah Shivaya-Ganga Dhara

OM Namah Shivaya Namah Shivaya Hara Hara Bole Namah Shivaya
Ganga Dhara Shiva Ganga Dhara Hara Hara Bole Namah Shivaya
Vishweshvara Shiva Vishweshvara Hara Hara Bole Namah Shivaya
Rameshwara Shiva Rameshwara Hara Hara Bole Namah Shivaya
Jatadhara Shiva Jatadhara Hara Hara Bole Namah Shivaya
Someshwar Shiva Someshwar Hara Hara Bole Namah Shivaya
Koteshwara Shiva Koteshwara Hara Hara Bole Namah Shivaya

Shiva Bol

Shiva Bol Shiva Bol Shiva Shiva Bol
Shankar Shambhu Shiva Shiva Bol

Jai Radha Madhav

jaya radha-madhava jaya kunja-vihari
jaya gopi-jana-vallabha jaya giri-vara-dhari
jasoda-nandana braja-jana-ranjana
jamuna-tira-vana-cari