

Year One Mantras and Slokas

Shri Ganesha

Om Gajananan bhuta ganaadi sevitam
kapitha jambhu phala charu bakshanam
uma sutam shoka vinaasha kaarakam
namaami vighneshwara paada pankajam

Saraswati Ma

Om saraswati namastubhyam
varade kaama rupini
vidya rambham kadishyaami
siddhir bhavatu may sadaa

Durga Ma

Om sarva mangala maangalye
shive sarvatha saadike
sharanye triyambike gauri
naarayani namostute

Lord Shiva – maha mrityunjaya mantra

Om tryambakam yajamahe
sugandhim pushti vardhanam
urvarukam eva bandhanaan
mrityor moksheya maamritaam

Lakshmi Ma

Om lakshmi karotu kalyaanam
aaroghyam sukha sampadaa
mama shatru vinaashaye
deepa jyoti namostute

Shri Vishnu

Om shuklaam bara dharam Vishnu
shashi varnam chatur bhujam
prasanna vadhanam dhyayet
sarva vighnyopa shaantayet

Hanuman ji

Om manojavam maaruta tulya vegam
jitendriyam buddhi mataam varishtam
vaataat majam vaanara yutha mukhyam
shri raama dutam sharanam prapadhye

Shri Rama

Om raamaaya raama badhraaya
raama chandraaya vedasay
raghu naathaaya naathaaya
sitaaya pataye namaha

Shri Krishna

Om vasudeva sutam devam
kansa chaanura mardhanam
devaki param aanandam
krishnam vande jagat guru

Surya Dev – Gayatri Mantra

Om bhur bhuvah svah
tat savitur varenyam
bhargo devasya dhimahi
dhiyo yonah prachodayaat

After class

Om gurur brahma gurur Vishnu
gurur devo maheshwara
gurur saakshaat parah brahma
tasmai shri guravay namaha

Om purnamada purnamidam
purnaam purnam udachyate
purnasya purnamaa daaya
purnam eva vashishyate

After waking up

Om karaagre vasate lakshmi
karmadhye saraswati
karmoole tu govinda
prabhaate kar darshanam

Before sleeping

Om ya jaagrato duram udaiti daivam
tad usuptasya tad haivaiti
duram gamam jyoti shaam jyotir ekam
tan me manah shiva sankalpam astu

Before eating

Om brahma arpanam brahma havir
brahma agnau brahman-aahutam
brahmaiva tena gantabhyam
brahma karma samaadina