

Shri Surya Veer Sang
Opening Prayers
Year 3

Instructor: Pandit Sewram Hardowar

OM PRANAMYA SHIRISA DEVAM GOWRI PUTRAM VINAYAKAM
BHAKTA VAASAM SMARAY NITYAM AAYU KAAMA ARTHA
SIDDHA YAE

After bowing to the lord Vinayak, the son of Gauri, the God who dwells in the hearts of his devotees, one should constantly remember him in order to achieve life, wealth and fulfillment of wishes.

OM SUMUKHASCHA EKADANTASCHA KAPILOK
GAJAKARNAKAH LAMBODHARASCHA VIKATO VIGNANASHO
VINAAYAKAH DHUMRA KATUR GANA DHYAKSHO BHAALA
CHANDRO GAJANANAH DWAASAS HAI TAANI NAAMAANI YAF
PATHAY SHRUNU YAA DAPI

Salutations to Ganapati Bhagwan, who is the remover of all obstacles and difficulties from our lives. Whoever chants these twelve names of Lord Ganesh at the beginning of studies, weddings, upon leaving their homes or when faced with enemies, will become successful and victorious.

OM SHUKLAAM BRAMHA VICHAR SAARA PARAMAA-
MAADYAAM JAGAD VYAAPINEE VEENA PUSTAKA DHARINEEM
ABHYADAM JADHYANDHAKAARA APAHAAM HASTAY SPATIKA
MALIKAM CHA DADHATEEM PADMAASANAY SAMSTHITAM
VANDAY TWAAM PARAMESHWAREEM BHAGWATEEM BUDHIM
PRADAAM SHAARADAAM

O Great Goddess Saraswati, thou art the dispeller of ignorance, O Divine Mother of Learning, thy complexion is like the jasmine blossoms, thy hands are adored with the celestial veena, the emblem of musical knowledge, O Blessed Goddess, who is seated in the fully blown white lotus, please protect me.

OM SAHA NA AVATU SHA NAU BHUNAKTU SAHA VEERYAM
KARVA WAA HAI TEJASVINA VADHI TAMASTU MAA VID VISH
AVAHAI OM SHANTIH SHANTIH SHANTIH OM

*May he protect both of us, May he nourish both of us, May we together
acquire the capacity to study and understand the scriptures, may our study
be brilliant, may we not disagree with each other. Om Peace, peace, peace.*

OM SHAM NO MITRA SHAM VARUNAHA SHAMNO BHAVATYA
ARYAMA SHAMNA INDRO BRIHASPATI SHAMNO VISHNU
RURUKRAMAHA
OM NAMO BRAHAMANE NAMASTAY VAYO TWAMEVA
PRATYKSHAM BRAHMASI TWAMEVA PRATYAKSHAM
VADISHYAMI RITAM VADISHYAMI SATYAM VADISHYAMI
TANMAM AVATU TAD VAKTARAM AVATU AVATU MAM AVATU
VAKTARAM OM SHANTIH SHANTIH, SHANTIH OM

*May the Sun God be auspicious for us, may the ocean god, the lord of our
ancestors, the king of gods and the preceptor of gods all be auspicious for
us. May the all pervasive sustainer of creations, the cosmic Lord be
auspicious for us. Salutations to the creator, the wind god. That Lord who is
indeed the perceptible truth. May he protect me and my teacher. Om Peace,
peace, peace, peace.*

OM SARVA MANGAL MANGAL YEA SHIVAY SARVAT SADIKAY
SHARANYEA TRIAMBIKAY GOURI NARAYANI NAMOSTUTE

*Prostrations unto thee O Mother, you are the divine consort of Lord Shiva
and the fulfiller of all noble desires, O bestower of auspiciousness, the
protector of all devotees, my humble salutations to you.*

OM YAA DEVI SARVA BHUTESHU SHAKTI RUPAYNA SAMSTITA
NAMASTASYAI NAMASTASYAI NAMASTASYAI NAMO NAMAHA

*Salutations again and again to Durga Devi, who resides in all creation as
the source of power.*

OM TRYAM BAKAM YAJA MAHAY SUGHANDHIM PUSHTI
VARDHANAM URVA RUKAM EVA BANDANAM MRITYUR
MOKSHIYA MAA AMRITAAT

We worship the Three-eyed Lord Shiva, who is naturally fragrant, all merciful and the protector of all devotees, may we be liberated from the bondage of birth and death, just as the ripe cucumber separates itself from the binding stalk, by your grace, let me be in state of moksha.

OM MANOJAVAM MAURTO TULYA VEGAM JITENDRIYAM BIDHI
WATAM VARISHTAM WATAT MAJAM VANARA YUKYA
MUKHYAM SRI RAAM DUTAM SHIRISA NAMAMI

I take refuge in Hanuman, who is as fast as the wind, equals his father Maruta in speed, is the master of the senses, the foremost amongst the learned, the leader of the Vanara forces and the great messenger of Shri Raam.

OM NELAMMBHUJA SHYAMAL KOMAL ANGAAM SITA
SAMAARO PITA VAAMU BHAGAM PAANAU MAHAA SAYAK
CHARUU CHAPAM NAAMAMI RAAMAM RAGHUVANSH
NAATHAM

I adore Lord Raama, who is blue in complexion, who is as tender as the lotus, with Sita Devi enthroned on his left side, equipped with the might bow and arrow in his hands, O Lord of the Raghus, my prostations unto thee.

OM AADAU RAAMA TAPOVANAADIGAMANAM HATWAA
MRIGAM KAANCHANAM VAIDAYHI HARANAM JATAAYU
MARANAM SUGRIVA SAMBHAASANAM VALLI NIRDALANAM
SAMUDRA TARANAM LANKA PURI DAHANAM PASCHA
RAVAANA KUMBHAKARANA HANANAM ETADHI
RAAMAAYANAM

In the beginning with Lord Raama's exile in the forest, killing of the golden deer, abduction of Sita Devi, the death of Jataayu, friendship with Sugriva, killing of Bali, crossing the ocean, burning of Lanka and after that the killing of Ravan and Kumbkaran, This is the story of the Ramayan.

OM AADU DEVAKI DEVAA GARBHA JANANAM GOPI GRIHAY
VARDHANAM MAYA POOTNA JEEVA TAAPA HARAN
GOVARADHANOR DWAARANAM KANSA CHENDAM KAURAVAA
DI HAANAM KUNTI SUTA PALANAM ETAD BHAGAWATAM
PURAANA KATHITAM SHRI KRISHNA LEELA AMRITAM

*Starting from birth from the womb of Devaki, growth in the house of
cowherds, killing of Putana, lifting of the Govardhana mountain, the cutting
of Kansa and the killing of the Kauravas, protecting the sons of Kunti. This
is Bhaagwat Puran as told in the epics. This is the nectar of Shri Krishna
Leela.*

OM YAM BRAMHA VARUNINDRA RUDRAH MARUTAHA
STUNVANTI DIVYAI STAVEDHI VEDAH SAANGA PAD KRAM
OPNISHIDAIR GAYANTI YAM SAM AGAAHA DHYAANA
VASTHITA TAD GATENA MANASAA PASHYANTI YAM YOGINO
YASYANTAAM NA VIDUH SURA ASURA GANAA DEVAAYA
TASMAI NAMAHA

*Salutations to the god whom Brahma, Indra, Varuna, Rudra and the
Marutas praise with divine hymns, of whom the Sama chanters sing by the
Vedas and their Angas (in the Pada and Krama methods), and by the
Upanishads; whom the Yogis see with their mind absorbed in him through
meditation, and whose ends the hosts of Devtas and Raakshas know not.*

OM SHAANTA KAARAM BHUJAGA SHAYANAM PADMA NABYAM
SURESHAM VISHWA DHARAM GAGAN SADRISHAM MEGHA
VARANAM SHUBAAN GAM LAKSHMI KAANTAM KAMALA
NAIYANAM YOGI BHIR DYAN GAM YAM VANDAY VISHNU
BHAVA BHAYA HARAM SARVA LOKAI KA NATHAM

Salutations to Vishnu Bhagwan, the one with peaceful disposition, who is reclining over the soft coil-bed of the serpent god, with lotus growing out of his navel, the leader of the gods, supporter of the universe, all pervasive lord, whose auspicious body is the color of the cloud, the beloved spouse of Lakshmi maa, whose eyes are like the fully blown lotus flower, the lord who is visible to the yogis in their meditation, the remover of the fear of rebirths, to that unique Lord of all the worlds, we offer our humble prostations.

OM KARAGRAY VASATAY LAKSHMI KARMADHAY SARASWATI
KARAMULAY TO GOVINDA PRABHATAY KARA DARSHANAM

Lakshmi maa dwells at the tip of the hand. In the center of the palm resides Saraswati, the goddess of knowledge. At the base of the palm is Govinda. One should look at the hands cup together while reciting this prayer early in the morning, before getting out of bed.

OM SAMUDRA VASNAY DEVI PARVAT STANA MANDITAY
VINSHU PTNI NAMSTUBHAYAM PAADA SPARSHA KSHAMASWA
MAY

Oh Mother Earth, who is clothes by the ocean, the mountains forests your body, O consort of Lord Vishnu; please forgive me as my feet are going to touch you.

OM NAMAH SAVITRAY JAGAD EKA CHAKSHUSAY JAT PRASUTI
STITHI NASHA HAYTAVAY TRI YEEMAYAAI TRIGUN-AATMA
DHARINAY VIRANCHI NAARAYAN SHAKNAR AATMANAY

O universal Father with a single eye who watches over all, the Illuminator, the Preserver and the Annihilator of the universe, the progenitor of the Vedas and the essence of truth, Salutations to Surya Dev, the power of Brahma, Vishnu, and Shiva, the Supreme Creator.

OM EHI SURYO SAHAS TRAMSHOI TEJO RASHAY JAGT PATAY
ANUKAM PAYI MAAM DEVA GRIHAAN AARUGHYAAM
NAMASTUTAY

*Salutations O Glorious Surya! Thou art the dispeller of darkness and
illuminator of the universe; I humbly beseech thee to accept my offering.*

OM BHUR BHUWAH SWAH TAT SAVITUR VARENYAM BHARGO
DEVASYA DHIMAHI DHIYO YONAF PRACHODAYAT

*We meditate on the glory of Savita (Surya Narayan) that is present on
Earth, the sky and the heavens, who is fit to be worshipped, who is the
remover of ignorance, who is the embodiment of knowledge, may that
resplendent Lord enlighten our intellect and grant us salvation.*

OM BRAMHA MURAARI TRIPURAANTA KAARI BHANUCHA SI
BHUMISUTO BUDASCHA GURU CHA SHUKRA SHANI RAHU
KETAVA SARVAY GRAHA SHANTI KARA BHAVWANTU

*May Lord Brahma, Vishnu (destroyer of demon Murari) and Shiva (
destroyer of demon Tripura), together with all the Devas presiding over the
planets, Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu, and Ketu,
be ever peaceful and favorable to us.*

OM GURU BRAMHA GURUR VISHNU GURU DEVO MAHESHWARA
GURU SHAKSAAT PARAM BRAMHA TASMAI SHRI GURUVAY
NAMHA

*Guru is Brahma, Vishnu and Maheshwar, Guru is verily the Supreme
Brahman; to whom we offer our salutations.*

OM AKHANDA MNDALA KARAM VYAAPTAM YENA CHARAA
CHARAM TAT PADAM DARISHITAM YENA TASMAI SHRI
GURUVAY NAMAHA

*Salutations to the respected Guru who showed us the place of the one who
pervades the vast universe with all things, movable and immovable.*

OM DHYAANA MULAM GURU MURTIH PUJA MULAM GURU
PADAM MANTRA MULAM GURUR VAAKHYAAM MOKSHA
MULAM GURU KRIPAA

The basis of meditation is Guru's Murti, the support of worship is Guru's lotus feet, the origin of mantra is Guru's word, and the cause of liberation is Guru's mercy.

OM BRAMHA ANANDAM PARAM SUKHADAM KEVALAM
GYAANA MURITH DWANVAA TETAM GAGANA SADRISHAM TAT
TWAMM ASYA ADI LAKSHYAAM EKAM NITYAM VIMALA
ACHALAM SARVA ADI SAKSHI BHUTAM BHAVA TEETAM
TRIGUNA RAHITAM SAT GURM TANM NAMAMI

Obeisance to Gurudeva, who is the embodiment of bliss, source of infinite happiness, representation of knowledge, unattached, just like the infinite horizon, who is one, eternal, purest, immovable, the witness of the changes of the intellect, who is beyond all changes and beyond the three qualities (sato, rajo and tamo)

OM DHOYW SHANTIR ANTARIKSHA GWAM SHANTITHI PRITHIVI
SHANTIR APAH SHANTIR OUSHADHAYA SHANTITHI
VANASPATYA SHANTIR VISHWADEVA SHANTIR BRAMHA
SHANTITHI SARVEYGWAM SHANTITHI SHANTIR DEVA SHANTITHI
SAAMA SHANTITHI AYDHI

OM SHANTIH SHANTIH SHANTIH HARI OM

May there be peace in the heavenly regions, may there be peace in the atmosphere, may peace reign on earth, may the waters be soothing, may the medicinal herbs be healing and brings peace to us, may the Vedas bring peace to us, and may there be peace everywhere at all times.