



SURYA NARAYAN ARATI

JAI KASHYAP NANDAN

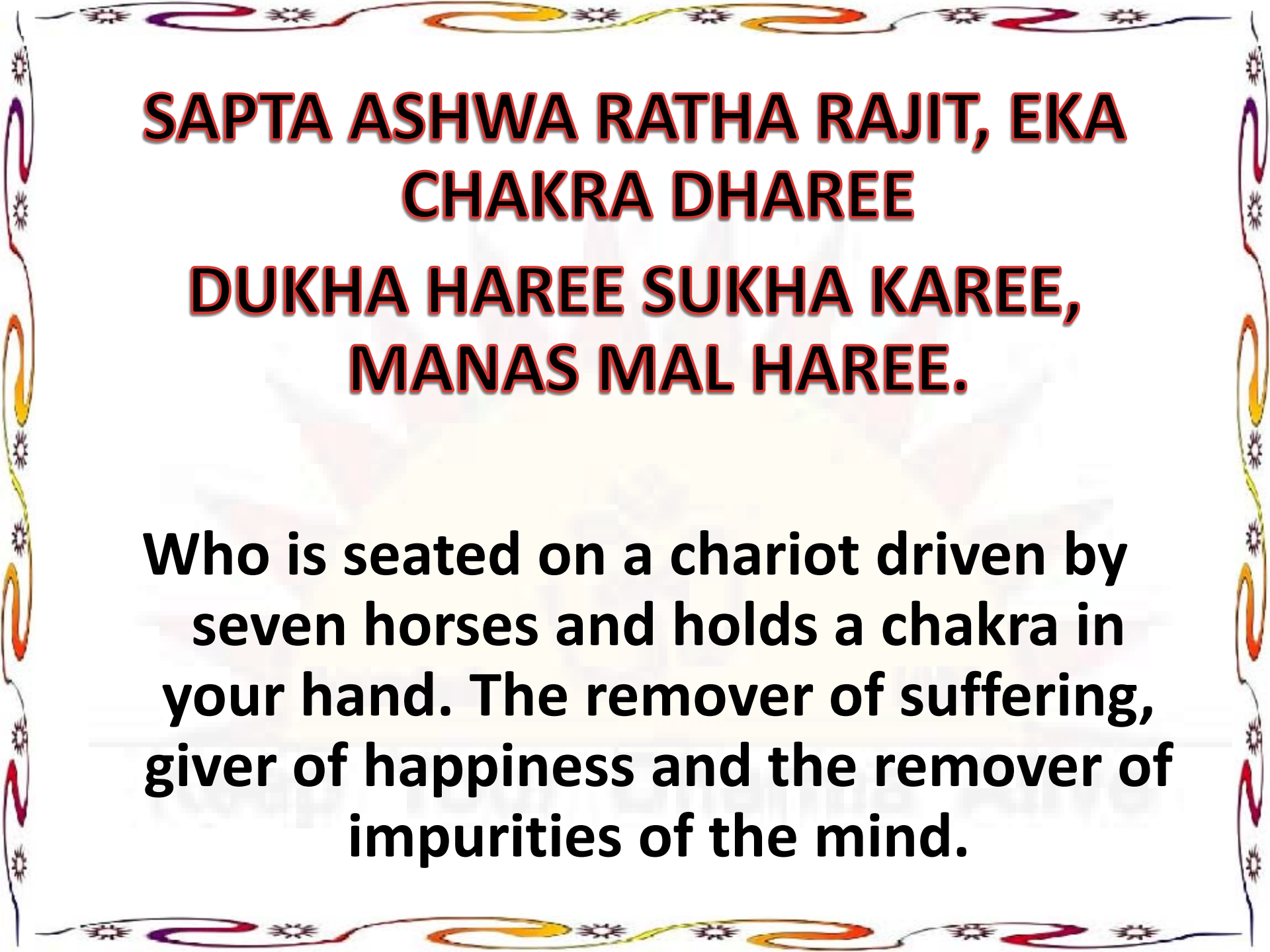
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Keep Your Dharma Alive

**JAI KASHYAP NANDAN,
OM JAI ADITI NANDAN
TRIBHUVAN TIMIRA NIKANDAN,
BHAKT HRUDAI CHANDAN**

***Victory to the son of Kashyapa &
Aditi. The remover of darkness from
the three worlds and who is cooling
like sandal to the hearts of devotees.***

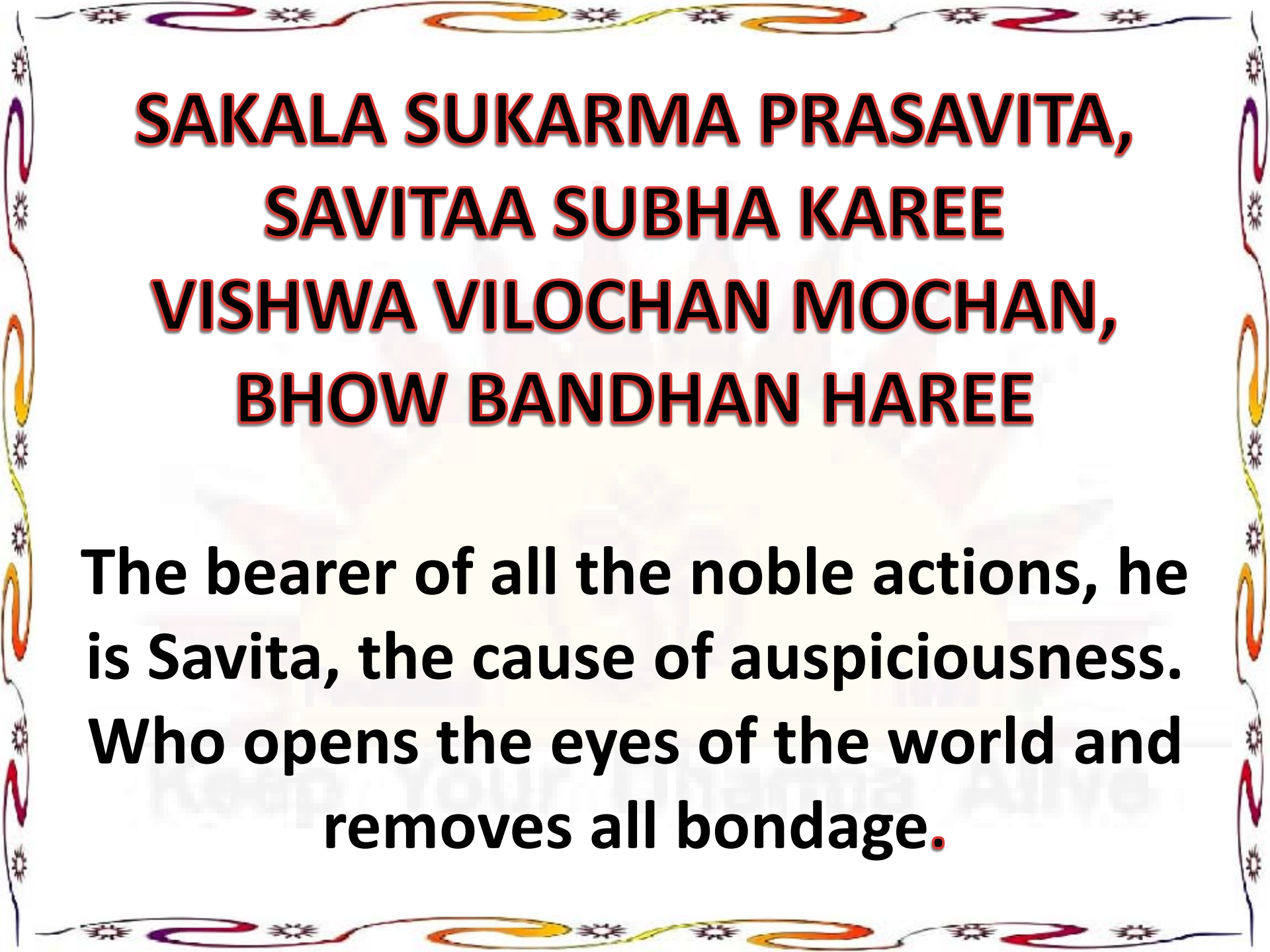


**SAPTA ASHWA RATHA RAJIT, EKA
CHAKRA DHAREE
DUKHA HAREE SUKHA KAREE,
MANAS MAL HAREE.**

**Who is seated on a chariot driven by
seven horses and holds a chakra in
your hand. The remover of suffering,
giver of happiness and the remover of
impurities of the mind.**

**SURA MUNI BHUSUR VANDITA,
VIMAL VIBHOW SHALI
AGHA DAL DALAN DIWAKAR,
DIVYA KIRAN MAALI.**

**You are worshipped by Gods, Sages
and Brahmins. The possessor of
pure valor. The controller of day
and night, destroyer of sins and
whose rays are divine.**



**SAKALA SUKARMA PRASAVITA,
SAVITAA SUBHA KAREE
VISHWA VILOCHAN MOCHAN,
BHOW BANDHAN HAREE**

**The bearer of all the noble actions, he
is Savita, the cause of auspiciousness.
Who opens the eyes of the world and
removes all bondage.**

**KAMAL SAMOOHA VIKASHAK,
NASHAK TRAI TAAPAA.
SAYWAT SAHAJ HARAT, ATI
MANSIJ SAN TAAPAA.**

**The one who causes lotuses to
blossom. The destroyer of three
fevers. By serving Him the tensions of
the mind are easily eradicated.**

**NAITRA VYADI HAR SUR WAR,
BHU PEERA HAAREE
SHRISHTI VIMOCHAN SANTAT,
PARHITA VRAT DHAAREE**

**The leader of Devatas who removes
diseases of the eyes and pain from all
living creatures. The cause of rain
who has taken a vow to protect
others.**

**SURYA DEVA KARUNA KAR,
AB KARUNAA KEEJAY
HAR AGYAAN MOHA,
SAB TATVA GYAAN DEEJAY**

**Oh Lord the ocean of compassion, now please be
compassionate to me. Remove all my ignorance and
illusions and confer upon me the essence of all
knowledge. (Knowledge of Self.)**

Keep Your Dharma Alive

End

SURYA NARAYAN ARATI

**MAY HIS DIVINE RAYS FLOW INTO YOUR HEART &
GRANT YOU PEACE, PROGRESS AND PROSPERITY**

PT RAM HARDOWAR *August 2010*